

SEED

School Emotional Education: The right practical way for teachers to teach emotional education in primary schools

1-2023-ES01-KA220-SCH-000153546



The right practical way for teachers to teach emotional education in primary schools

The SEED Project aims to promote the well-being, mental health, and effective education of students by training educators in using emotional intelligence to achieve these goals.

Schools are key to promoting the mental health and well-being of young people by helping them to develop their personality and social-emotional skills.

Integrating social-emotional learning, mental health, wellbeing, and anti-bullying programs into schools is the most effective way to promote the mental health of children and young people, including those who are disadvantaged and marginalized.

The SEED Project partners are directly interested in using emotional intelligence to promote social-emotional learning, mental health, wellbeing, and anti-bullying programs into schools. The consortium consists of the following partners:

**DESES 3
Association
(Spain)**

is a multifaceted organization dedicated to enhancing education and personal development. It achieves this by developing training activities to address current and future needs, improving the education system through new courses and resources, and promoting sensitive education on topics like sex, ecology, and bullying.



**Leyla Atakan
İlkokulu
(Turkey)**

is a Primary school in Kocaeli, Turkey, which provides quality education, educates the citizens, fosters ethnic traditions, and offers the acquired knowledge and competencies in a changing society. The school facilitates children in self-expression needs, development of their art talent, health promoting environment, and improves the provision of lifelong learning.



**E-SCHOOL
EDUCATIONAL
GROUP
(Greece)**

is an Adult Education Centre and VET provider located in Karditsa, Greece. Its activities target disadvantage groups such as Ethnic Minorities, Migrants, People with Disabilities, Isolated Elderly People, etc., unemployed, employees, entrepreneurs, trainers, teachers, educators, adults and VET learners.



**Prof. Ivan Apostolov
Private English
Language School
(Bulgaria)**

is a private English Language School with a mission to train and educate a new generation of young people for the evolving global world. It operates as an Innovative school, introducing teaching models that include subjects like Personal Development, Ethnography, Social Anthropology, and project-based and experiential learning with a cross-disciplinary approach. The school adopts flexible and modern teaching methodologies, encompassing Entrepreneurship, design thinking, and transversal skills.



**Vilaka Secondary
School
(Latvia)**

is a comprehensive state-funded, co-educational, full-time school ranging from grades 1 to 12. Its aim is to provide its students with qualitative education, inspiring them to achieve the best results in their studies and become multilingual, tolerant and highly educated citizens of the world, successful in any profession they will choose later in life.



**Indepcie SCA
(Spain)**

is a training company specializing in attitudinal training and human performance improvement. It focuses on enhancing results in personal and professional domains, employing techniques in coaching, Emotional Intelligence, soft skills, and Neuro Linguistic Programming (NLP). The goal is to instill skills and habits for continuous improvement in individuals and their organizations.



**Šiaulių r. Dubysos
aukštupio mokykla
(Lithuania)**

is a secondary school which is focused on the success of all students and the enjoyment of learning in the community. After the COVID-19 pandemic, the school is focused more towards students' mental and emotional health and academic achievement growth. The school's administrations' and teachers' attitude are orientated towards the emotional growth of students and the creation of a favorable emotional environment.



The consortium's rigorous attention to quality standards and their dedication to its aims lay the groundwork for the project's successful implementation.



**Co-funded by
the European Union**

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.